

**Product Name:** SIDEFER® Stick

**Active Substances:**

Sidefer Stick food supplement contains; sucrosomial® iron 14,46 mg, vitamin C 48 mg, vitamin B6 1.00 mg, vitamin B12 2,50 mcg and folic acid 150 mcg

**Form:** 20 practical orosoluble sachets

**Therapeutic indications:**

For Iron supplementation

**Posology and method of administration:**

For adults, it is recommended to use 1 stick per day by pouring the contents directly into your mouth.